



Health, Counselling & Safeguarding at BISP

Ms Pammy, Ms Xin Hui, Ms. Huey Ting, Ms Yik, Mr Thomas, Ms Christie



Safeguarding

Mr Thomas, Mr Ferrier, Ms Christie



2 Key takeaways

Who is responsible for safeguarding within the school?

Who is the Designated Safeguarding Lead within the school?

- DSL Overall – Rhys Thomas
- DSL Primary – Peter Ferrier
- DSL Secondary – Pamela Christie

Environment

Wellbeing &
Counselling

Attendance

SEN and
Inclusion

Staff
conduct

Recruitment

Whistle
blowing

Child
Protection

Clinic



Wellbeing

Ms Christie

Assistant Head of Secondary (Pastoral)
Senior Mental Health Lead (Whole School)

What is Wellbeing?

Wellbeing is more than just good health.

Components of Wellbeing:

- Connect
- Be active
- Take notice
- Keep learning
- Give



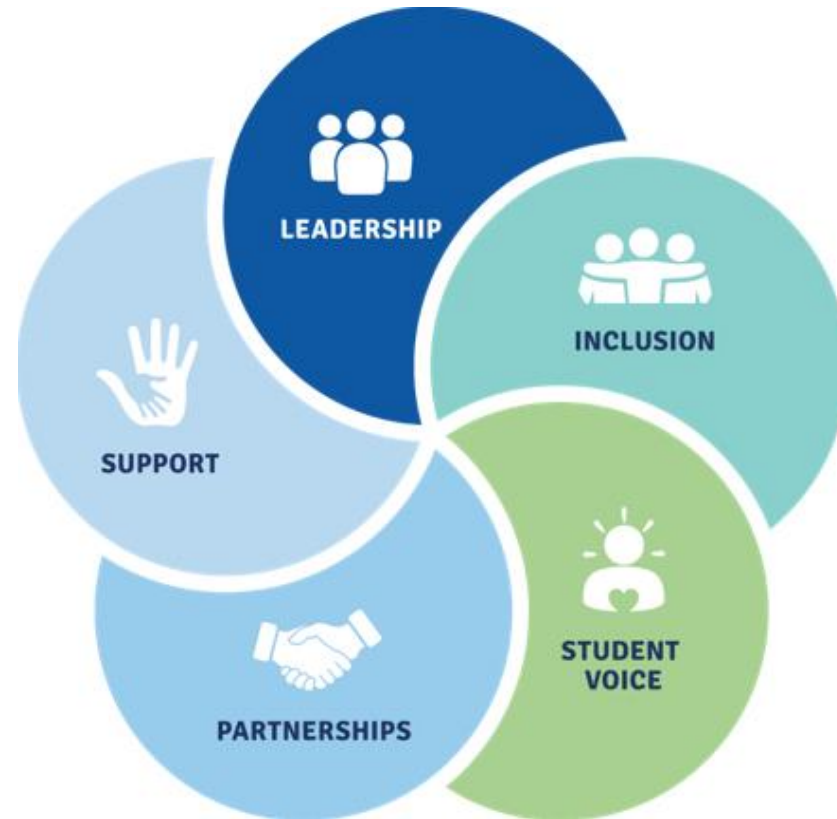


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Supporting Wellbeing at BISP

- Whole-school approach
- Pastoral Team
- PSHE Curriculum
- The Virtues Project
- House System
- Pastoral Events



Counselling

Ms. Huey Ting

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TYPE OF SERVICES

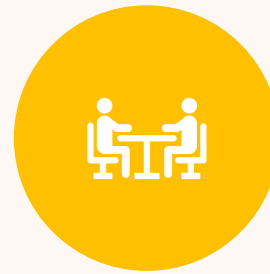
Service is available for all the students



-INDIVIDUAL
COUNSELLING SESSION



-GROUP COUNSELLING
SESSION



-CONSULTATION
SESSION



-PSYCHOEDUCATIONAL
ASSESSMENT



COUNSELLING PROCESS

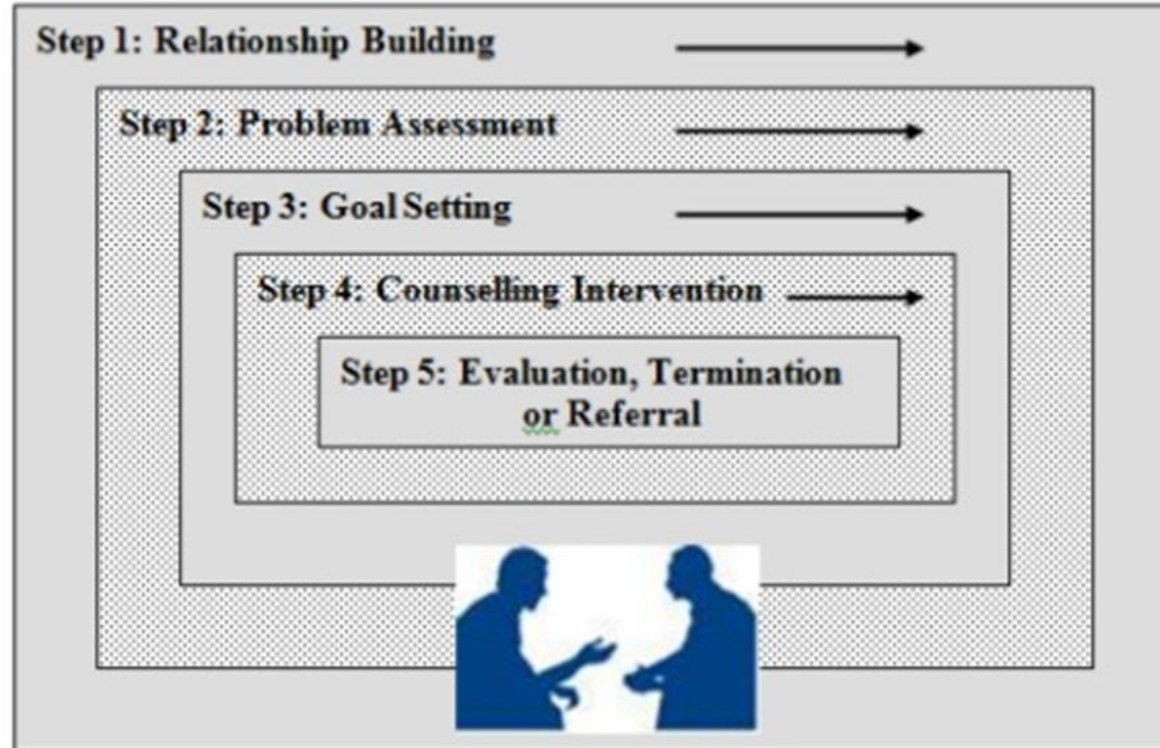


Figure 4.1 Steps in the Counselling Process

[source: H. Hackney and S. Cormier (2005). *The Professional Counselor*. Boston: Pearson. p. 25]

Self-exploration

Organizing thoughts

Life planning

Discover personal strengths

Stress and emotion focused coping

Regain a sense of control

What can your child gain from counselling?





Health & Medical Services

Ms Pammy, Ms Xin Hui



Type of Services

*Health Screening



*Serving of basic OTC medication/Doctor's prescription

*Medical Care Plan for student with Special Health Concerns (eg: Diabetes, Epilepsy, Severe allergy)



*Vaccination/Dental Programme (liaise with MOH, depends on their capacity)

*Health Education



Vaccination

◦ Liaise with District Health Office for School Vaccination Programme according to National Immunization Programme.

7 years old – Diphtheria, Tetanus, Measles and Rubella vaccines

13 years old – HPV vaccine

15 years old – Tetanus vaccine

Availability may be changed each year according to their(KKM)policies.



Health Education

Provide health education via posters or short talk

When students raise any of their health concerns

Upon health screening findings





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